El Nido Birth and Family Ministries, Inc

Minutes for Annual Board Meeting

December 29, 2018

**Our Vision**: to provide education and emotional, physical, social and spiritual support in order to meet the well-being needs of expectant mothers, new mothers, mothers and other family members so that they would experience hope and growth in Christ through a new birth, bringing glory to God

**Our Mission**: Building Relationships- getting to know women and their needs in order to understand how to meet them; Delivering Lives- physically, emotionally, and spiritually; Educating for the Future- enpowering women and other family members to support themselves in the future

**Call to order @ 6:01**

All members present joined through telecommunication due to travel of Director

Denise Monroe – recording minutes by way of Facetime

**Board members present: Debbie Eakes**

**Mark Eakes**

**Scott Tedrick**

**Denise Monroe**

**Stacy Girard**

**Opening Prayer: Mark Eakes**

**Reading of Mission and Vision:** Members advised to read the mission and vision

**Consent Agenda**

* Approve Agenda
* Amendments-None
* Approve Minutes of December 20, 2017
  + Mark Motioned for approve
  + Denise second
  + All in favor -- Unanimous
* Approve Financial Report
  + Draft provided. Will be finalized then emailed for approval
  + Large amount will be moved from checking to savings
  + Two big expenditures:
    - Two hospital grade breast pumps due to mothers’ issues and need
* Motion to approve tentative
  + Denise motioned for approval
  + Mark seconded
  + All in favor - passed
* Changes to the Bylaws are needed.
  + Are being edited in Google Docs then will be shared for review and vote
  + Review and approval
* **Directors Report**
  + Debbie summarized the printed report that was sent to each member
  + Serviced women in breast feeding realm
  + River Valley Birth Center in Mankato has requested services
  + Still working in jail
  + Chemical Health groups
    - Stopped in YME
    - Still in Echo Charter School
  + Third Christmas shop was big success then carried to Echo Charter School
  + **2019 GOALs**
    - Restart mom2mom group and get local support
    - Breast feeding café
    - Train new leaders
  + **5-year goals**:
    - Open birth center
      * Doing research and probability
      * River Valley Birth Center indicates that there would be clientele if opened
    - More sustainable fundraising
      * No current active fundraising
      * Mark: offered information about current hospital director’s wife who runs thrift store for local Crisis Pregnancy Center.
      * Possibility of partnering with GFMH here with funds to support ministry
    - After school program locally – schools losing their programs

**Action Items**:

* Seating of an additional board member: Lindsay Hellmers
  + Training her and a friend for CLCs in San Diego to give support
  + May become a doula also
    - Mark Motion
    - Scott Second
    - Unanimous -passed

**Discussion Items**:

* Director’s Report
* Goals stated above
* Training two new CLCs (see above)
* Training doulas for Granite Falls Health and home births
* Strategic Planning Report
* **Ten Year plan**:
  + Educational program to train midwifes (CPMs), CLCs, doulas and develop preceptors for training. Idea of Autumn Cavender-Wilson.
    - Plan helps meet these needs.
    - Possible location: MN West Tech
    - Positive Encouraging program
    - None available in state
    - Would come out with an Associates’ Degree
    - South Dakota is now legal for CPMs so will need a program to train
  + Birth center will be training location.
    - There is also a demand in rural America because medical needs and care not available as more hospitals close their OB units
    - Morbidity and mortality rate high in rural America – moms and babies having health issues before and during birth.
* Other: Scott brought up article about breakdown of family and the child when in outside placement, especially in native community. Wondered how it can tie into or affect changes with El Nido.
  + Debbie responded with experiences within circle and one mother she works with currently.
  + She also discussed mom-baby bonding and the positive response the MN prison doula program is experienceing. Better bonds provide reasons to remain clean and make good decisions in order to remain with baby.

**Adjourn the meeting @ 6:39pm**

* Motion to adjourn: Scott
* Second: Mark
* Unaimous

The next regular meeting will be held Sunday, December 29, 2019